

## ABOUT WELLY

Project WELLY addresses the impact of the physical and psychosocial work environment on the health and well-being of employees. It's necessary mapping competencies that a manager should own to be able to implement a correct approach for preventing and reducing stress at work. This is what the WELLY project will do and, once the management competencies needed for engendering employee engagement, health and well-being will be identified, the challenge becomes supporting managers to develop the competencies and use them in their people management approach.

### KEY OBJECTIVES

Given the exponential increase of work-related stress issues and the diffusion of depression among the European citizens, the WELLY project aims to set the role of Work Well-being Manager (WWM) in charge of making sure that daily working conditions are fair and as healthy as reasonably possible for every employee so that the overall quality of life at work improves within the organisation and across economies.

#### WELLY will :

- ✓ Encourage a proactive approach and highlight the major role managers can play in reducing the problems of stress.
- ✓ Introduce the profile of Work Wellbeing Manager and a training course developed



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### Partners



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SINERGIE



**WELLY: Introducing the Job Profile of a  
Manager for Work Well-being to Prevent  
and Combat Work-related Stress**

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## The WELLY Initiative

The WELLY project acknowledges the negative impact of work-related stress to employees' health and well-being status. In fact, the partnership responds to the issue by developing the Manager of Well-being job profile.

The connection between manager and employee's well-being is evident; as the former's behavior can affect the latter. Therefore, effective management should be proportional to the personnel's health and well-being.

As a result, redefining the managers' profile is imperative. Therefore, the WELLY partnership intends to initiate a mapping process to identify competences that are crucial for a balanced workplace facilitation.

The aim of managers support revolves around the parameters of engendering engagement, health, and well-being, which may be quite challenging. This is what the WELLY design encompasses and plans to materialize with this project fulfillment.

## Current Stage of the Initiative

### IO3: Work Well-being Manager VET Training Course and Pilots

The WELLY strategic partnership has developed the **Work Well-being Manager VET training course** and began an evaluation process to ensure the delivery of a high-quality result. Since October, the cohort examines the IO3, through pilot tests, and based on certain set standards. Each partner country conducts a pilot of 10 participants at least, out of which 3 are SME's representatives. The SME participants work closely with the partners throughout the WELLY materialization course. In addition, further modifications will occur; and, the third intellectual output will be available in the initiative's platform in English; Slovenian; Portuguese; Greek; Spanish; and, Italian.

### THE 4<sup>TH</sup> TRANSNATIONAL WELLY MEETING



On September 8<sup>th</sup> and 9<sup>th</sup>, the 4<sup>th</sup> transnational meeting was successfully held in Larissa, Greece. Institute of Entrepreneurship Development (IED) hosted the WELLY partners to its premises.

The meeting agenda encompassed the review of IO3 development and the activities' frame of evaluation pilots. Furthermore, the partnership reviewed the overall progress of WELLY. The meeting wrapped up with the examination of the dissemination and financial aspects of the initiative.

## What to Expect Next

The WELLY partnership is aiming to produce the following two intellectual outputs:

- ✓ IO4: An EU level certification of the Work Wellbeing Manager Professional Profile.
- ✓ IO5: An optimal toolkit that will reinforce the Work Wellbeing Manager role.