



Introducing the Job Profile of a Manager for Work Well-being to Prevent and Combat Work-related Stress

MAY 2022

Newsletter



ABOUT WELLY

WELLY project is a response to the physical and psychosocial consequences of work environments, on employees. Therefore, developing a manager's profile qualified to act upon stress reduction in any workplace, is imperative. The project design foresees a competencies' mapping process, for the

successful choice and implementation of approach in work frameworks.

Consequently, the strategic partnership of WELLY intends to support managers with the integration of the identified competencies into their employees' management approach.

IO3: WORK WELL-BEING MANAGER TRAINING COURSE AND PILOTS

Testimonials from our participants in the WWM Training Course:



"In this innovative course, I had the opportunity to interact with great people on matters of work wellbeing and attend diversified courses where we got information on new strategies and applications to integrate into the working environment. Today, a few weeks later, I have already applied some of what we have shared, and I intend to continue to incorporate them into my HR strategy."



"This is a great personal challenge for me to develop this function within my company, because the well-being of the employees is to a large extent the success of the company's work. In addition, my employees, especially as there are only a few of them, appreciate the introduction of all these measures to promote their mental and physical health."



"Training as a wellbeing manager encourages me to think critically about today's situation in the workplace. It helps me see where new approaches and methods need to be introduced to support time spent at work towards a more successful and healthier team that will not only contribute to business performance but also satisfaction in people's lives."





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"It was an honor to be part of this course. The interaction among the participants and the fruitful discussions add value and contribute to our critical thinking. I had a more limited perception of these issues, and now I've gained a new perspective, and rich instruments. It was very well balanced and focus on the actual needs we have as practitioners."



"The course gave me the opportunity to go more in depth on a topic that really interests me from a professional point of view: improving the well-being in the workplace and helping people find a balance between work and personal life. I had the chance to learn practical and applicable strategies, and also to meet a group of like-minded people, as well as very well-prepared trainers."

IO4: CERTIFICATION AT EU LEVEL OF THE WWM PROFESSIONAL PROFILE

Following IO3, during which several enterprises from Slovenia, Italy, Portugal, Greece and Spain have successfully completed the Work Well-being Manager Training Course, allowing HR Managers to be trained in this specific role, it is now time to certify the competences acquired through the next result: the certification of the Work Well-being Manager Professional Profile at EU Level.

This fourth result of the WELLY project aims at defining the creation of a homogenized EU Work Well-being Manager Curriculum according to the European Qualification Framework (EQF) through 16 learning outcomes and 10 professional tasks available as part of the WELLY course.

Through this certification process, the Standardisation Body will create a model for assessing and certifying the competences acquired by WWMs in the process of identifying formal, non-formal and informal training for CV recognition. Thereby, it will allow the recognition of their competences at EU level increasing the labour market mobility.





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IO5: DEVELOPMENT OF A MANUAL FOR WORK WELL-BEING MANAGERS

It is finally time to work on the last result of the project: The Manual for Work Well-being Managers!

The development of this Manual aims to ensure that the project results become available and accessible to a wider audience, so that the experience gathered during the implementation of the whole project will be considered in its elaboration.

The Handbook will therefore be based on a practical implementation of measures to prevent and combat work-related stress in the work environment, covering the following key points:

- Promoting a holistic, proactive approach to managing health and wellbeing issues at work
- Fostering the occupational safety and health practitioners' teamwork, improvement of employee's work performance and decrease of sickness and absence
- Strategies to manage issues related to mental health in the workplace

Additionally, a Toolkit will be included as an Annex with a large variety of tools and activities useful for researchers and VET experts dealing with the issues related to workplaces conditions and employee's wellbeing, as well as to professionals active in the HR management, employers and people who intend to become Work Well-being Managers.





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THE 5TH TRANSNATIONAL MEETING

To achieve all these results, the WELLY partnership has been working and holding many regular meetings, among them the 5th transnational meeting held online on the 16th of February!

This meeting allowed us to coordinate the joint work and to start working on the organisation of the next International Final Conference in Slovenia!

Thanks to this final event of the project, the project partners will be able to disseminate and exploit the results of the project at European level, as well as facilitate networking and collaborations between organisations all over Europe!

Join us on 14-15 June in Novo Mesto, Slovenia, to celebrate these three years of work and stay tuned for more news!





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Partners



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